

of potions of metric measure

substitution of metric me

help chefs by converting litres into millilitres,

Litres	Millilitres 4.	4	Litres	Millilitres	5.	Litres	Millilit
0.175	175		7.055	7055		0.216	216
0.057	57		4.059	4059		0.128	128
0.292	292		3.096	3096		0.23	230
0.462	795		8.684	8684		0.158	158
0.366	366		8.219	8219		0.764	764
0.334	334		7.139	7139		0.163	163
0.517	517		2.607	2607		0.765	765
0.689	689		2.01	2010		6660	666
0.212	212		3.4	3400		0.454	454
0.185	185		6.311	6311		0.841	841
				The second named in column 2 is not a se			

Litres	Millillitres	e,	Ľ
1.929	1929		0
1,308	1308		o
7.717	7117	,	0
2.59	2590		0
2.031	2031		0
8.53	8530		0
4.103	4103		0
6.924	6924		O
4.531	4531		0
5.007	5007		0

 Briny broth and essence of nightshade

Nettle soup and dawn dew

Snake oil and teachers' tears

- 2. Anything creative for the
- Snake oil, slug slime and dawn dew.
- Anything creative for the answer
- Nettle soup, Dawn dew and Slug slime
- Briny broth, essence of nightshade, snake oil and teachers' tears
- 7. There are a number of answers - as long as the measurements are correct

Reducing Risk – The Safety Inspector **Answers**

What Is the Danger?	Who Could Be Affected? Why/How?	What Could You Do to Prevent Harm?
Temperature	Children and adults. Even on a sunny day, the water temperature can be extremely cold. This can cause the body to go into shock and stop even the best swimmers from being able to stay afloat. It could also lead to hypothermia.	In an area safe to swim, with adults to help, you could check the temperature of the water carefully by dipping your toe in the water. Remember that it gets colder the further from shore you get!
Currents	Children and adults. It is impossible to tell how strong the currents are. These can pull strong swimmers into danger, and can cause drowning.	Do not enter any area of water without an adult with you or nearby and giving you permission.
Not everyone can swim	Children and adults. Playing near water can be dangerous. Someone could fall in. There may not always be someone around to help, such as a lifeguard. This could cause drowning.	Do not enter any area of water without an adult with you or nearby and giving you permission.
Debris	Children and adults. Sadly, some people dump rubbish near water. Someone swimming in the area may find that rubbish stops them from being able to swim properly, or even traps them. This could lead to drowning.	Check the water safety board on the area of water that you are choosing to swim in. This will tell you the water quality. Always look out for debris and report.
Pollution	Children and adults. The water may have become polluted for a number of reasons. This could lead to damaged skin, breathing problems and even poisoning.	Check the water safety board on the area of water that you are choosing to swim in. This will tell you the water quality. Always look out for debris and report.
Deep water	Children and adults. It is almost impossible to tell how deep a patch of water is just by looking at it. If someone jumps into water that is shallower than expected, they may be injured. If water is deeper than expected, someone may not be able to stay afloat, leading to drowning.	Do not enter any area of water without an adult with you or nearby and giving you permission.

Sun Safety **Answers**

Seek	hat	Slide
water	Slip	important
Slap	unwell	Slop

- 1. It is important to stay safe in the sun.
- 2. Slip on clothing that will protect you from the sun.
- 3. Slop on some sunscreen.
- 4. Slap on a broad-brimmed hat.
- 5. Seek some shade. Sit under a tree or use an umbrella.
- 6. Slide on some sunglasses to protect your eyes.
- 7. Always drink plenty of water on hot days.
- 8. Tell an adult if you feel unwell and sit in the shade.